

CANTRON DOSAGE INSTRUCTIONS

***** PLEASE READ THESE DIRECTIONS CAREFULLY BEFORE TAKING CANTRON! *****

DIRECTIONS:*

SHAKE WELL BEFORE EACH USE! Throughout the day: Consume ¼ teaspoon (2 eyedroppers) of Cantron 6 times per day* (approximately every 4 hours), preferably, on an empty stomach (30 minutes before or after a meal). Although sleep is important for body repair, if seriously health challenged, it may be desirable to wake up after 4 hours, take a dose of Cantron and go back to bed. It is imperative to keep Cantron in the system. ***Frequency is more important than quantity.*** If you forget to take a dose, don't panic, take your next dose as soon as possible and get back on the regular schedule. Measure your dose by using a medicine eyedropper (i.e. an eyedropper that comes with a 2oz glass bottle).

****NOTE:*** A recent *in vitro* study—although not conclusive—has suggested that one of the main ingredients in Cantron (Cancell or Entelev) might only last in the bloodstream for approximately 2 hours. This was a surprising discovery because it was previously believed that the half-life of Cantron was 6 hours. Many additional studies need to be performed before accepting this preliminary finding as scientific fact; however, persons with serious health challenges might consider supplementing the body with the powerful antioxidant protection of Cantron by taking Cantron every 2 hours while awake, by reducing dosage from ¼ teaspoon (2 eyedroppers) to ⅛ teaspoon (1 eyedropper), and during the sleeping hours, by taking the regular dose of ¼ teaspoon (2 eyedroppers) every 4 hours. Since Cantron is a powerful detoxifier, the resultant waste material will need to be excreted from the body (enzymes help rid the body of this waste and should supplement Cantron use). If ones liver is severely impaired, whereby its ability to handle waste material is severely reduced, consider cutting the dosage to ¼ teaspoon (2 eyedroppers) every 6 hours to avoid liver overload. This is a total of 4 doses daily. If there is liver impairment, it is imperative to take large amounts of enzyme supplementation. Other liver wellness products such as Milk Thistle (Silymarin), Glutathione (NAC), and Dandelion Root may be helpful in supporting healthy liver function.

TWO INGESTION METHODS:

There are two common methods of ingesting the Cantron Formula into the system: the *Sublingual Method* or the *Dilution Method*. Utilize either method or alternate.

SUBLINGUAL METHOD: Place the dosage of Cantron under the tongue. Hold for a minimum of 5 minutes; swallow and try not to eat or drink for 15 minutes. The advantage of this method is that the formula enters the bloodstream more rapidly and is more effective. The disadvantage is the unpleasant metallic taste and the fact that your teeth may become temporarily discolored.

Note: If your teeth become discolored, brush them with a paste made of baking soda and 3% hydrogen peroxide. Then, rinse your mouth with a saturated salt solution. This discoloration is not harmful and can be removed by several OTC products or if necessary by your dentist.

DILUTION METHOD: If you choose to use this method, double the dose of Cantron from ¼ teaspoon (2 eyedroppers) to ½ teaspoon (4 eyedroppers), to compensate for the reduced absorption of Cantron through the stomach into the bloodstream. You may add the dose of Cantron to liquid such as distilled water, unsweetened iced tea or juice (such as grape, cranberry, apple or pineapple). If mixed in juice, consume the mixture right away. If mixed in distilled water it is not necessary to consume immediately. You can make up a 24-hour supply and sip it frequently throughout the day (but try to never exceed 6 hours in between doses). The advantage of the “dilution method” is that the strong metallic taste of the formulation is diminished or masked by the liquid dilution.

Regardless of the ingestion method you choose, try to drink at least eight 8oz glasses of distilled water (preferably distilled) throughout the day, of which three are with Willard's Water Concentrate added.

PROCEED WITH CAUTION REGARDING HERBAL FORMULATIONS

Thousands of herbs are reported to be beneficial to a state of ‘Wellness’ such as Cat's Claw, Essiac Tea, etc., however, there is no way to know whether these herbs will conflict with the bio-electrical nature of the Cantron Electrolyte Formula. We simply cannot research and study the chemistry of all the herbs that are available throughout the world. Therefore, as a precaution do not take any other herbs or supplements that are not available as part of the ‘Cantron Total Wellness Program’ which is a comprehensive program that includes several synergistic herbal formulas as well as other supplements. Currently herbs evaluated to be compatible and part of the “Wellness Program” are Germanium, Lepacho (Pau D'Arco), Aveloz, Noni (w/o Sugar), OPC, Green Tree, Echinacea, Milk Thistle (Silymarin), and Dandelion Root.

For more Cantron information, please visit Nu-Gen Nutrition website: <http://www.CancerChoices.com>

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